



**WDB Mental Health Services
Client History Adult
Waitemata DHB**

Date: Assessor:

Legal Status:

Last updated Next update due

Sources of Information (Service user input, family/whanau etc, old files, HCC documents)

Past Mental Health History

(List past inpatient admissions and episodes of community care. Include forensic history. Include dates of admission and discharge from services, MHA status, a brief description of reasons for admission and discharge diagnosis and plan. Include any changes in diagnosis. Also consider times when mental distress has been managed without input from services, and note periods of improved wellbeing, what was going on? What supports/strengths were there?)

Interventions and Supports Provided

(Include dates, medications prescribed or therapies offered. Indicate response to treatment and reasons any treatment was terminated or unwanted side effects experienced even if treatment not discontinued. Also note involvement or interest in peer support workers/groups, community support worker, community involvement as a support, family/whanau therapy/supports offered. *Identified sensory preferences?*)

Physical Health History

(Illness (Diabetes, Asthma, Cardio Vascular disease, Epilepsy, head injury etc), major surgeries, allergies, hereditary conditions, medications for medical condition. Generally physically active? Relationship with nutrition/exercise.)

Personal History

(Birth (including place of birth) and milestones, childhood, schooling / education, employment & finances, relationships, cultural, spiritual, housing, sexuality, any other significant events)

Trauma History

(Emotional, physical, sexual abuse, neglect, abandonment, witnessing violence, refugee, loss/bereavement, bullying, poverty, stigma/shame, estrangement from culture destructive or constructive coping methods. Experiences in services of trauma/ re-traumatising. Situations/triggers known to re-traumatise.)

Culture

(Cultural identity, Iwi. Include past input from specialist cultural services, need for Interpreter, language, person's relationship with their cultural heritage – sense of belonging/identity? Desire to reconnect or increase cultural knowledge?)

Family History

(Mental health, suicide, substance use, where-about of family, age at time of death, supportive relationships, estranged relationships, involvement with wider whanau, person's sense of belonging in family? Wanting family involvement?)

Drug and Alcohol and Addiction History

(Alcohol, other drugs, gambling, tobacco smoking – amount used and consequences of use. Attempts to manage addiction? Periods of managing addiction and what was occurring to support this?)

Are you a parent / caregiver for children aged (0-19)?

Yes No Not asked

NOTE: Child Name, DOB, and Gender are Mandatory Fields. Age is auto calculated (do not populate)Click the clear link to remove a line if entered in error.

Child name	DOB DD/MM/YYYY	Age	Gender
			Gender clear

[Print Risk Only](#)

Risk History

Risk to Others (including forensic history and property damage)	Yes	No	To be clarified
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Show 10	Show 20	Show 30	Show 40	Show 50
Date	Risk Event/Behaviour (Include thoughts, plans, near misses, concerns from significant others. Comment on intent and seriousness)	Internal Factors (eg, delusions, delusions of persecution/ jealousy, hallucinations, command hallucinations, EWS, preoccupations, substance use, poor insight)	Situational Factors (eg, social stressors, access to weapons/ substances/ victims, adherence to medication regime, major life events, engagement with services)	Outcomes (eg, charges, imprisonment, inpatient admission, re-started treatment, lack of empathy for victims)

Display 1 - 10

Display 11 - 20

Display 21 - 30

Display 31 - 40

Display 41 - 50

Risk to Self (including unintentional harm and neglect)	Yes	No	To be clarified
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Show 10 Show 20 Show 30 Show 40 Show 50

Date	Risk Event/ Behaviour (Include thoughts, plans, near misses, concerns from significant others, wandering, deterioration in self cares or cognitive functioning. Comment on intent and seriousness)	Internal Factors (eg, mental state, hopelessness, active psychological symptoms, problem-solving and coping difficulties, guilt/shame, substance use, impaired impulse control)	Situational Factors (eg, social stressors, access to means, access to substances, adherence to medication regime, major life events, social isolation, poor engagement with services)	Outcome (eg, inpatient admission, respite, re-started treatment or therapy)

Display 0 - 10

Display 11 - 20

Display 21 - 30

Display 31 - 40

Display 41 - 50

Family Violence and Child Protection Issues	Yes	No	To be clarified
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Include dates, events, and ongoing potential risk factors.

Risk from Others/Vulnerability (including emotional, sexual, financial exploitation)	Yes	No	To be clarified
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Include dates, events, and ongoing potential risk factors. Comment on seriousness/likelihood.

Risk from Environment (including housing, transport, neighbourhood)	Yes	No	To be clarified
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Include dates, events, and ongoing risk factors. Comment on seriousness/likelihood.

Medical Risk (including cardio vascular, medication, falls)	Yes	No	To be clarified
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Include dates, events, and ongoing risk factors. Comment on seriousness/likelihood.

Risk Formulation – Pattern Recognition and Description

(Describe potential risk, based on pattern of past risk events and including static, internal, situational and protective factors. Comment on likelihood, frequency, seriousness, imminence, motivation). This person is at risk of.... when they are experiencing in the circumstances of.... Protective factors include

Strategies known to promote safety

(Include strengths and things that have been helpful in the past for this person)

Impression/Formulation

This person presents with features of/suggestions..... Axis 1....., Axis 2....., complicated by....., Axis 3.....,
There is/no genetic predisposition
Childhood dynamics contributing to further vulnerability include.....
Other traumas/losses include.....
Current stressors are/ include.....

Risk to self/others is imminent / serious / likely because.....

Protective factors reducing risk are.....

Factors exacerbating risk include.....

This person's supports/strengths are

[Click Here to send issues](#) related to this form;