

What to do if you are exposed to COVID-19. Information for Auckland DHB staff only.

Scenarios	What you need to do	Leave options in Mahi ē Taea
I woke up with COVID-19 symptoms	<ol style="list-style-type: none"> 1. Tell your manager 2. Input your leave in Mahi ē Taea 3. Get a Rapid Antigen Test (RAT). If you don't already have a RAT kit at home, you can collect it from a community testing centre. 4. Wait for the test result: <ul style="list-style-type: none"> ○ If negative, return to work if you feel well enough ○ If positive follow the advice below for 'I'm COVID-19 positive'. 	'COVID Paid Special Leave'
I've started feeling sick during my shift	<ol style="list-style-type: none"> 1. Tell your manager 2. If you work in an area that does rapid antigen testing (RAT), you can do this in your ward or department. If you don't, head to the Clinical Education Centre (CEC) on the Grafton site to get a RAT test: <ul style="list-style-type: none"> ○ Monday to Friday, 7.30am – 3.30pm ○ Saturday and Sunday, 8am – 12pm (if you need a test after 12pm call the Site CNM, or go to a community testing centre). <p>Note: If you don't work on the Grafton site, use the RAT kits, available in your department or to head to a community testing centre.</p> 3. Once you get the results: <ul style="list-style-type: none"> ○ Negative, if you feel well enough return to work and repeat a rapid antigen test for 2 more days. ○ Positive, follow the guidance below. 	'Sick leave' if result is negative but you need to take time off to recover 'COVID Paid Special Leave' if you test positive

Scenarios	What you need to do	Leave options in Mahi ē Taea
I'm COVID-19 positive	<ol style="list-style-type: none"> 1. Tell your manager 2. Complete this Qualtrix questionnaire 3. Input leave into Mahi ē Taea 4. Isolate at home for 5 days 5. Follow: Advice for positive critical healthcare staff 	'COVID Paid Special Leave'
I'm a household contact (i.e. spent more than 4 hours inside a house with someone)	<ol style="list-style-type: none"> 1. Tell your manager 2. Complete this online questionnaire 3. Take a rapid antigen test before starting your shift each day for 10 days following your last exposure. If you are no longer in the same house, you will only need to do this for 7 days 4. If your test is negative you can continue to work. 	'COVID Paid Special Leave' if you test positive
Someone I live with has been diagnosed with COVID-19?	<ol style="list-style-type: none"> 1. Tell your manager 2. Complete this online questionnaire 3. Follow : Advice for household contacts 	n/a
Someone I live with has COVID-19 symptoms?	<ol style="list-style-type: none"> 1. Tell them to get tested 2. You can continue to work as normal unless they test positive 3. If they test positive, follow the advice above for 'Someone I live with has been diagnosed with COVID-19' 	n/a
One of my work colleagues has been identified as a household contact	<ol style="list-style-type: none"> 1. Ask them to complete: I've been exposed Qualtrix 2. You can continue to work as normal 	n/a
I have been exposed to COVID-19 at work without appropriate PPE?	<ol style="list-style-type: none"> 1. Tell your manager 2. Complete I've been exposed Qualtrix 3. If you are identified as a level III or IV exposure, follow Advice for level III or IV exposure 4. Be aware of your symptoms; stay home and get tested if you develop symptoms. 	'COVID Paid Special Leave' if you're home and awaiting results