



# Hauora Tāhine

Pathways to Transgender Healthcare Services



## November 2018 Update

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## Transgender Week of Awareness

Hauora Tāhine is proud to celebrate Transgender Week of Awareness for the first time, from 12 to 20 November 2018.

The Northern Region DHBs (Northland, Waitemata, Auckland and Counties Manukau DHBs) are celebrating five years of working together to make healthcare better for gender diverse and transgender people. The services now available are the result of countless hours of hard work over many years by staff and members of the transgender communities.

Transgender Week of Awareness celebrates this work, while acknowledging the continuing discrimination that gender diverse and transgender people face, highlighted by the Human Rights Commission.

A range of activities are planned across the main hospital campuses, including posters and digital displays; workshops, information and eLearning for staff; a recruitment seminar at Auckland hospital, and more! Keep an eye out for the Transgender Week of Awareness promotions on Facebook and if you're visiting one of our sites this week.

Get involved by downloading and printing the Transgender Week of Awareness poster here:

<https://www.healthpoint.co.nz/download,815095.do>

Find out more about the gender affirming healthcare services we provide to Gender Diverse and Transgender people by visiting Healthpoint: <https://www.healthpoint.co.nz/public/sexual-health/hauora-tahine-pathways-to-transgender-healthcare/>

Read more about the history of the Transgender Health project in the Northern Region:

<http://adhb.health.nz/about-us/our-community/transgender-health-services-for-the-northern-region/>

**More about Transgender Week of Awareness:**

The purpose of Transgender Week of Awareness educate and raise awareness about gender diverse and transgender people, and the issues associated with transition or identity. The week ends with Transgender Day of Remembrance, where those who are transgender and have died as a result of transphobia or prejudice are remembered. 2018 marks the 20<sup>th</sup> time that the Transgender Day of Remembrance has been held across the globe. Learn more about Transgender Week of Awareness:

[https://en.wikipedia.org/wiki/Transgender\\_Awareness\\_Week](https://en.wikipedia.org/wiki/Transgender_Awareness_Week)

## **Gender Affirming Healthcare Guidelines for the Northern Region released**

New guidelines for Gender Affirming Healthcare in the Northern Region have been released. Endorsed by the chief medical officers of Northland, Waitemata, Auckland and Counties Manukau DHBs, these new guidelines form the basis for clinical practice and availability of gender affirming healthcare in the region.

These guidelines mark a significant milestone in the Transgender Health Project, and we acknowledge Dr Jeannie Oliphant for her significant contribution to the improvement of the health and wellbeing of gender diverse and transgender people through the authoring of them. Significant input was also provided by the Northern Region Transgender Clinical and Consumer Advisory Group.

The guidelines are now publicly available and can be viewed and downloaded from the Hauora Tāhine Healthpoint page: <https://www.healthpoint.co.nz/download,811380.do>

## **New e-referral for GPs in Auckland**

A new transgender health e-referral has been added for GPs and other primary care teams to refer patients into the Hauora Tāhine services. Prior to this, GPs had been using the Sexual Health e-referral.

Launched in October 2018, this new e-referral increases the visibility of transgender health services to GPs. The e-referral enables referrals to be submitted to both the adult service (through Sexual Health) and the youth service (through Centre for Youth Health).

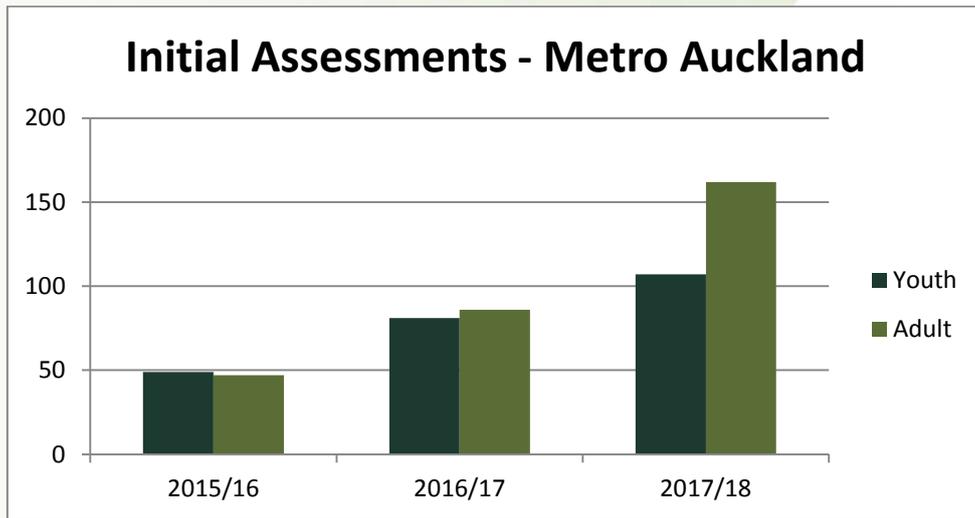
The new e-referral is available to GPs and other primary care teams in Waitemata, Auckland and Counties Manukau DHBs. Usage of the new e-referral has been strong in its first month of operation.

## **Hauora Tāhine patient numbers continue to grow**

For the 2017/18 FY year (1 July 2017 to 30 June 2018) a total of 269 initial assessments\* were completed at either Centre for Youth Health or Auckland Regional Sexual Health Service for Hauora Tāhine in Metro Auckland.

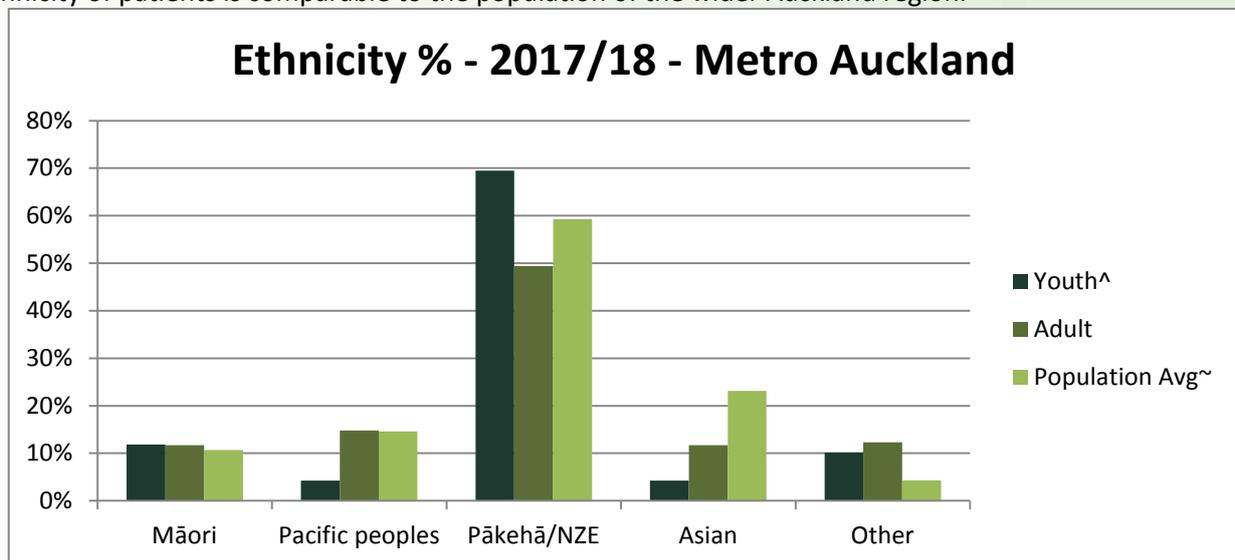
It is estimated that about 300 people per year will be referred to the Hauora Tāhine services in Metro Auckland, and 30 people per year to services in Northland.

*\*Initial assessments, rather than referrals, are used as a dataset that is most consistent and comparable between services.*



This represents a continued rapid growth of referrals into the youth and adult services – in line with expectations, and with what has been observed in services.

The ethnicity of patients is comparable to the population of the wider Auckland region.



<sup>^</sup>Youth data represents total active cases for WDHb and ADHB only. CMH youth data is not included.

<sup>~</sup>Population Average is the average for the Auckland Region, Stats NZ, 2013 census. Respondants could indicate more than one ethnicity.

*Transgender – This term is used as a generic word which acknowledges the diversity of terms that people may use to describe themselves. This can include (but is not limited to): Aikāne, Akava'ine, Fa'afafine, Faafatama, Fafafine, Fakaleiti, Māhū, Trans, Transsexual, Genderqueer, Tāhine, Whakawahine, Tangata ira tane, Vakasalewalewa, Palopa and non-binary.*