

Community Pharmacy Stop Smoking Service

Support to stop smoking is available from some community pharmacies

All community pharmacies can dispense nicotine replacement therapy (NRT) without a prescription for the standard \$5 co-payment for each item. Some pharmacies charge a consultation fee for this service.

Auckland DHB funds 16 community pharmacies to provide free support to help smokers quit. This service includes NRT (with \$5 co-payment) and support from the pharmacy over a month. This service requires no appointment and, as pharmacies are often open extended hours has the ability to offer timely access to smokers wanting to quit.

Smokers can have a discussion with their pharmacist about their smoking, motivations to quit and history of quit attempts. The pharmacist discusses the most appropriate treatment options with the person. If NRT is the best option the pharmacist supplies the person with NRT and helps them to set a quit date and create a quit plan. The person is then followed up over the next month and provided with support and more NRT as required.

The pharmacist is also able to discuss any concerns about their treatment, address myths and beliefs, provide information and motivation to continue on their quit journey. The pharmacies that provide this service are listed below.

| Pharmacy | Address | Phone |
|------------------------------------|--|-------------|
| Auckland City Hospital Pharmacy | Level 5 Galleria, Support Building, Auckland City Hospital, 2 Park Rd, Grafton | 09-307 8997 |
| Avondale Family Chemist | 1784 Great North Rd, Avondale | 09-820 2382 |
| Balmoral Pharmacy | 611 Dominion Road, Cnr Dominion Road and Tennyson St, Balmoral | 09-630 0366 |
| Countdown Mt Eden Pharmacy | 118-120 Valley Road, Mount Eden | 09-255 9785 |
| Countdown Mt Roskill Pharmacy | 112 Stoddard Rd, Mount Roskill | 09-629 0392 |
| Unichem Cox's 7 Day Pharmacy | 2 Mayfair Pl, Glen Innes | 09-528 5117 |
| Eden Park Pharmacy | 168 Sandringham Rd, Sandringham | 09-815 9162 |
| Health Star Pharmacy | 136 Queens Rd, Panmure | 09-528 9800 |
| Maxcare Pharmacy | 4/225 Great South Road, Otahuhu | 09-270 0812 |
| Onehunga Family Pharmacy | 163A Onehunga Mall, Onehunga | 09-622 2865 |
| Royal Oak Pharmacy | 703A Manukau Road, Royal Oak | 09-625 7422 |
| Unichem Family Healthcare Pharmacy | 4/627 Mount Wellington Hwy, Mount Wellington | 09-276 9112 |
| Unichem Panmure Pharmacy | 74/76 Queens Rd, Panmure | 09-527 7719 |
| Vaiola Pharmacy | 1 Fleming St, Onehunga | 09-633 0224 |